

2022-2023 Traditional and Performance Recreational Cheer Divisions

This document contains the competitive recreational cheer division offerings for the 2022-2023 season. The age grid provides a list of divisions that may be offered by 9 Panel Cheer.

All Recreational programs must classify their entire organization as one of the following:

- **AFFILIATED**
 - The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2022-2023 cheer season.
- **NON-AFFILIATED**
 - Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

CLASSIFICATIONS

- At the beginning of the season an organization must classify if they are Affiliated or Non-Affiliated. This must be verified before the competition season. Once the organizations affiliation has been declared:
 - A Non-Affiliated organization cannot move to an Affiliated division.
 - An Affiliated organization can move to the Non-Affiliated division; however, any bids they have earned as an Affiliated organization during the competitive season will be forfeited. The organization will not be eligible to return to the Affiliated division during the remainder of that competitive season.

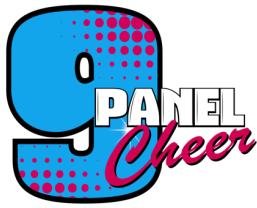
***Exception – if a division is combined at an event, this will not change an organizations affiliation.**

Affiliated and Non-Affiliated Recreational cheerleading organizations can register teams in Traditional and/or Performance divisions.

- **TRADITIONAL**
 - Routines must consist of Cheer & Music combination.
 - Routine Max: 2:30 minutes
 - No tosses allowed
 - Will follow USASF All Star Prep Cheer Rules
- **PERFORMANCE**
 - Routines may be a cheer and music combination
 - Routine max: 2:30 minutes
 - Will follow USASF All Star Elite Cheer Rules
 - Exception: Level 4 - Fulls are allowed in running tumbling only and will be counted toward the running tumbling difficulty and technique scores.

Traditional Recreation Cheer and Performance Cheer Non-Affiliated routines may be performed on a spring or foam floor. Check with 9 Panel Cheer to determine what type of floor will be used at the competition.

The age of the athlete will be based on BIRTH YEAR for the 2022-2023 competitive season.



2021-2022 Traditional and Performance Recreational Cheer Divisions

Non- Affiliated Performance Recreation Divisions 2021-2022			
Name	Ages	Birth Year	# of Participants/Gender
Level 4			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Level 4.2			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Level 3			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Level 3.1			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Level 2.1			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Level 2			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2013 and later	5-36 athletes, Female/Male
Level 1			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2013 and later	5-36 athletes, Female/Male
Tiny Rec (6U)	6 years and younger	2015 and later	5-36 athletes, Female/Male

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2021-2022 Traditional and Performance Recreational Cheer Divisions

Affiliated Traditional Recreation Cheer Divisions			
Name	Ages	Birth Year	# of Participants/Gender
Level 3			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Level 3.1			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Level 2.1			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Level 2			
Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
Junior Rec (14U)	14 years and younger	2007 and later	5-36 athletes, Female/Male
Youth Rec (12U)	12 years and younger	2009 and later	5-36 athletes, Female/Male
Pee Wee Rec (10U)	10 years and younger	2011 and later	5-36 athletes, Female/Male
Mini Rec (8U)	8 years and younger	2013 and later	5-36 athletes, Female/Male
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Senior Rec (18U)	18 years and younger	2003 and later	5-36 athletes, Female/Male
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